

Applicant: Seppo Nissila
Serial No.: 10/686,045
Filing Date: October 13, 2003
Docket No.: 187-72
Response to Restriction Requirement
Page 6

REMARKS

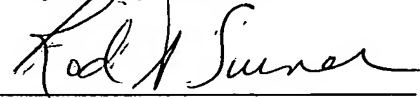
Applicant has carefully considered the Office Action mailed July 18, 2006. The Office Action indicates that there are three (3) patentably distinct inventions. Applicant hereby elects invention III corresponding to Claims 5, 6, 15, and 16 for prosecution on the merits.

The Office Action further indicates that there are four (4) patentably distinct species of the claimed invention, which correspond to the different change criterion including the user's stress level, heart rate during exercise, momentary energy consumption, and cumulative energy consumption. Applicant hereby elects heart rate during exercise for prosecution on the merits.

Applicant respectfully submits that Claims 1, 3, 4, 7, 5, 6, 15, and 16 are generic to all species. Applicant further submits that Claims 1, 3, 4, 7, 5, 6, 11, 15, and 16 are readable on the elected species.

Applicant respectfully requests favorable consideration of the application. If the Examiner has any questions regarding this matter, she is respectfully invited to contact Applicant's attorney at the telephone number provided below.

Respectfully submitted,



Rod S. Turner
Registration No. 38,639
Attorney for Applicant

HOFFMANN & BARON, LLP
6900 Jericho Turnpike
Syosset, New York 11791
(516) 822-3550
RST/jp